

Boksmart Physical Conditioning For Rugby Review

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June 23rd, 2018 - Both local Vodacom Super Rugby matches on Saturday 12 May will be dedicated to the Chris Burger Petr

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June 24th, 2018 - Your browser does not currently recognize any of the video formats available [Click here to visit our frequently asked questions about HTML5 video](#)

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June 24th, 2018 - The primary aim of BokSmart is to provide rugby coaches referees players and administrators with the correct knowledge skills and leadership abilities to ensure that safety and best practice principles are incorporated into all aspects of contact rugby in South Africa

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